

## Pebble Creek Hiking Club Minutes

**Date: January 15, 2015**

**Officers Present: Pete Williams, Lynn Warren, Pat Chernow, Sandy Mednick**

**Officer Absent:**

**Number of Attendees: 45**

**Call to Order: 7:03 PM     Adjourned: 8:12 PM**

<b>Subject</b>	<b>Discussion</b>	<b>Recommendations</b>	<b>Follow Up</b>
Introduction of Officers	Pete Williams, President Lynn Warren, Vice President Sandy Mednick, Treasurer (absent) Pat Chernow, Secretary	None	None
Introduction of Prospective Members	5 New/prospective members introduced themselves and where they are from. We welcome these new people to our group.	Meet with Neal Wring at the end of the meeting to discuss Introductory Hikes and equipment.	N. Wring
Treasurer's Report	Checking account: Balance = \$953.19 + \$515.00 for the picnic = \$1468.19 We have 139 paid members, 47 are new. We still need a few forms from people. The Waiver form is signed once. The Registration form is signed each year.	None	S. Mednick
Approval of Minutes	The minutes of the December 18, 2014 meeting were approved.	None	P. Chernow
Statistics and Mileage Awards	Doug Jamiolkowski gave the stats and explained how he collects the sign-in sheets.	Leaders, be sure to add the mileage to the sign in sheets after the hike.	D. Jamiolkowski

	<p>Be sure to sign in before the hike. The leader adds the mileage after the hike. Doug picks up the sheets and adds the miles to the stats. Certificates will be given for every 100 milestone. They will be given at the end of the hiking season.</p> <p>Members can check the website at PCHikers.org to view Club information and to see their stats and photos. If members have pictures they want added to the Smug Mug site, send them to Pete W., Lynn W. or Jan Sherwood. Carol Sanders said we need “D” hike pictures.</p> <p>Members who lead 2 hikes and sweep one hike get a tuss cushion. 3 new cushions were given out.</p> <p>A tuss cushion was found at Verado. Contact Neal Wring if you lost one.</p>		
Guests	<p>As a member you can bring guests if you feel they can handle the hike you are on. The Club allows guests to do 2 hikes a year after which they need to join the club. The member is responsible for the guest.</p>		All Members
Trail Maintenance Program for White Tanks Regional Park	<p>The trail maintenance program is once a month. We are looking for more members to participate. The Club is asking each member to do it once a year. The date is the Tuesday after the meeting. The next date is January 20<sup>th</sup>. Meet at EN at 7:15 and leave at 7:30. You will be clearing trails of small rocks, bushes and cactus. Tools are available or</p>	None	A. Eljew

	you can bring your own. You will get credit for doing a hike. There is no entrance fee.		
D Hikes	Tom Wellman reviewed how the “D” hikes are working since we do not have a coordinator. 10 hikes were selected to be done twice a season. D hikes are done within approximately 30 miles of PebbleCreek and are 4 + or - miles and 500 feet of elevation. 17 people participated in today’s hike. We are averaging 12 hikers.	None	T. Wellman
Winter Picnic Friday, Jan. 23, 2015	Louise Warren said that the picnic on January 23 <sup>rd</sup> will be catered by a patriotic fire engine, Fire Up Freedom. 63 members and 10 guests have signed up. Members will pay \$10.00, guests will pay \$15.00 and the club will subsidize \$5.00 for members. If guests join the club the \$5.00 will go for the dues. The menu is hot dogs, hamburgers, bratwurst, chicken and vegetarian burgers, The final count goes in tomorrow. There will be 3 levels of hikes that day and the truck will arrive and we will eat before 12 noon. We will carpool as usual from EN. Non hikers will carpool at 11 AM. Let Louise know so she can arrange enough cars. The picnic is at the White Tank Regional Park in Ramada 4.	None	Louise Warren
Overnight Hike Trip	Ruth Bindler is coordinating the spring trip which will be 2 nights and in the area of the	Check the sign-up sheet and complete your email address and phone number.	R. Bindler

	<p>Chiricahuas. We will hike Sabino Canyon on the way down with B, C, D level hikes. Ruth thanked the members who completed the survey. The most popular dates are March 24-26 and to spend 2 nights in one location and to minimize the driving. We will probably stay in Wilcox at the Holiday Inn for approximately \$88.00 per night. We have spots for 30 members, no guests. 35 people have signed up. Ruth will block the rooms and send out the information for booking.</p>		
Elections	<p>The Club shifted the officer elections last year. The President and Secretary were for one year; VP and Treasurer were for 2 years to give overlap and continuity. Lynn Warren will head the nominations committee and we are looking for volunteers. Snow birds are eligible to run. Candidates will be presented in February and voted on in March. This gives snow birds the opportunity to vote and to provide the leadership list to the HOA on April 1.</p>	<p>Can voting be done by email or proxy. The Board will check the bylaws.</p>	Lynn Warren
Notification of non-hikers	<p>The issue of notification of spouses/significant others that hikers will be delayed primarily affects the “B” hikers. If you want to notify a non-hiker put the name and phone number on the sign in sheet. Each hike level leader has a SPOT that in an emergency sends an message and identifies the location. A message is sent to a contact</p>		Board

	person to let others know that they are delayed.		
Balance	Nancy Love did a presentation and demonstration on how to enhance balance which will help to prevent falls while hiking. 50-75% of balance is genetic. The rest has a two prong approach; train the brain and improve muscle reflexes. The group tried 5 exercises to enhance balance which was fun as well as beneficial.		N. Love
Website	Mark Pelletier is the Club's webmaster. He has made a few enhancements: the minutes are in a link on the right hand side and the agenda is at the top. There is a link to view photos of hikes and the password is listed. Mark found a free app for topo maps from a government site. Contact Mark if you are interested.		M. Pelletier
Purchase Club Clothing	Betty Garner provided order forms for hats, shirts and jackets with the Club logo.		B. Garner
Breakout Group for New Members After the Meeting	New Members to meet with Neal Wring after the meeting.		N. Wring
Next Meeting	Next General Meeting will be February 19, 2015 at 7 PM. T.F. Ballroom 3.		February 19, 2015 7 PM

**Submitted by Pat Chernow, Secretary**